



Magnolia Ridge

Residential Care and Assisted Living Facility

1007 Amherst Street, S.W.

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www.MagnoliaRidge.com

Staffing Issues:

- All of our direct care staff are Certified Nursing Assistants or Specialized Residential Care Aides with direct oversight and leadership by our Licensed Practical Nurse and our Registered Nurse Administrator.
- All of our staff carry active CPR and Standard First Aid certification. They all receive one hour of pertinent in-service training monthly. Our dietary and housekeeping staff attend annual seminars in order to stay on top of all health safety and industry developments.
- Our staff to resident ratio far exceeds industry standards in that we have 17 staff members for 34 residents. There are always well-trained and dedicated staff on duty, 24 hours per day.
- Our staff is loving and respectful of our Residents, not simply as “clients”, but more as “family”.
- We strive for a low staff turnover by providing our staff with above average wages and a strong benefit package including medical insurance, life insurance and a retirement plan. Many of our staff have been with us since we opened and have become like family to one another and to our Residents.
- Our goal is to create an environment that is much like a large “home” filled with loving and helpful “family” rather than individual apartments linked together by formal community areas. Our staff is essential in maintaining this relaxed and comfortable atmosphere.
- We are proud of the sense of unity in our staff. Often, one might see a housekeeper assisting a Resident with his jacket, a dietary staff member joining Residents in the vegetable garden or a direct care staff member mopping a floor.
- Professionalism is key in the medical care that is provided by our staff. Our procedures are created to insure accurate and prompt communication between staff members, administration, physicians and family members.

Services:

- Being active means *staying* active, so we provide a wide variety of social, spiritual, recreational and educational programs. We have a full-time Activities Director who coordinates a variety of activities to entertain and stimulate the broad spectrum of tastes and abilities of our Residents.
 - Examples of the types of activities that she leads include:
 - * Daily oral reading of Newspaper Articles
 - * Planting, weeding and harvesting of the raised Vegetable and Flower Gardens
 - * Varied crafts projects
 - * Staffed trips to local shopping malls in our facility's van
 - * Sing-a-longs
 - * Movie Night
 - * Staffed bus trips to view Christmas lights, fall foliage on the Parkway, arrival of spring in the valley and many other excursions, many at the suggestion of the Residents
 - * Picnics and cookouts in our enclosed back courtyard
 - * Monthly meetings of our Resident Counsel to discuss any concerns or suggestions
- We offer individualized levels of care in Assisted Living and our well-trained staff customize their degree of assistance based on the Resident's wants and needs. Our Director of Nursing develops a specific care plan for each Resident upon admission and updates that plan at least annually or whenever there is a change in needs.
- All of our Residents' medications are kept locked and are administered only by specially trained Medication Aides who have received Certification only after completing an extensive class and demonstrating skill and knowledge of not only medications, but our specific procedures.
- Our dietary staff prepares all of our meals right in our own kitchen and caters to special diets and needs. While adhering to the Federal Government Food and Drug Administration's guidelines, our kitchen actively seeks out requests and comments from the Residents, often using recipes of the Resident's themselves. Our dining room is adjacent to the kitchen and is reminiscent of a family dining room, not a cafeteria or restaurant. Our staff is on hand to assist, refill or encourage....even spoon feed. Whatever the Resident might need.
- Since we know that a clean home is a happy *and* healthy home our Housekeeping Staff, who are trained in CPR and First Aid, clean each room every day. All of our Residents' personal laundry is cared for on our premises and we provide all necessary linens at no additional charge.

Environmental Features:

- Our facility is staffed 24-hours per day and is equipped with an anti-wander security system for those Residents inclined to become disoriented. All of our bedrooms are private and the doors may be locked to provide each Resident with privacy from other Residents, if they desire (the staff do have Master keys). Our back courtyard is fully enclosed and fully accessible to all Residents, so they may at any time go outside to enjoy the fresh air and sunshine without the risk of accidentally leaving the grounds of the facility. The Fire Department/EMS Service is two blocks from our front door and can respond within minutes if the need arises. Our facility is fully sprinklered with smoke detectors in every room.
- Our facility is located in a quiet, residential neighborhood with tree-lined streets and local children playing on the sidewalks on their way home from school, two blocks away. We have a broad front porch furnished with seats and rocking chairs, as well as a screened-in side porch complete with porch swing. Both have views of our well-maintained yards and trees, which are home to a wide variety of songbirds and squirrels that enjoy our feeders. Our enclosed back courtyard has many flower gardens, benches, raised vegetable gardens, picnic tables and a water fountain and is open and available to all Residents and their guests all of the time.
- Our facility has 32 private rooms that are fully furnished, but our Residents are encouraged to bring furnishings from their own homes to create a familiar space that is individualized with their own tastes. We have two rooms that are appropriate for a couple to share.
- Our facility is home to not only human residents, but also to furry, feathered and finned Residents, as well. We also have several families of squirrels living in the trees in our yards that keep us entertained with their antics and feats of acrobatics as they battle the song birds over our many feeders. We also have a well stocked fish tank that is home to the quiet relaxing activities of our goldfish.

Operational Policies and Practices:

- Our pricing is a monthly Room and Board charge based on the Resident's screened Level of Care. This is determined by a State developed and required Uniform Assessment Instrument (UAI) which straightforwardly questions the needs and abilities of the Resident in the areas of bathing, walking, toileting, dressing, etc. There are three Levels of Care, including Residential, Assisted and Intensive Assisted. There is a monthly Ancillary Billing for such items that may not be applicable to all of our Residents, such as incontinency supplies, hair salon services or transportation fees. Our Room & Board charge includes all meals and snacks, daily housekeeping services, all personal laundry, all linens, sundries, personal assistance and nursing oversight, and all utilities with exception to optional private telephone and cable television in the bedroom. We require no initiation fee or long-term contract.
- We are licensed to care for all three Levels of Assisted Living, which means that our Residents are able to "age in place".

For more information about Magnolia Ridge, please feel free to call, fax or write to us.
You may also visit our web site on the Internet.

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